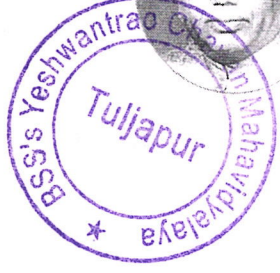
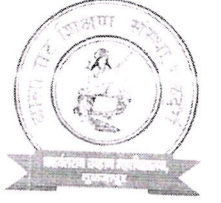


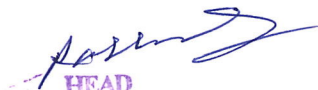
॥Tanso Ma Jyotirmay॥
BalaghatShikshanSanstha, Naldurg's
YESHWANTRAO CHAVAN MAHAVIDYALAYA
Tuljapur, Dist. Osmanabad-413601, Maharashtra, INDIA
yccollege@gmail.com




Date: 05/09/2022

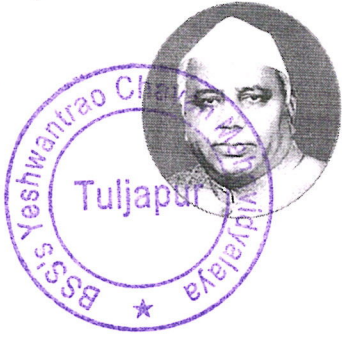
❖ **Permission to conduct a Programme** ❖

- 1) Name of the Department: - Sport
- 2) Type of programme: - Co-Curricular
- 3) Title of Programme: - Workshop on Yoga And Meditation
- 4) Name of Chief Guest: - Mr. Amar Bhargande
- 5) Name of Chairperson: - Dr. A.R. Shitre Principal, Y.C. Mahavidyalaya, Tuljapur
- 6) Name of the teacher conducting the programme: - Dr. V.R. Rathod
- 7) Name of Govt. /Non-Govt. Agency involved (if any) : - No
- 8) Class of the students attending the programme: - B.A/B.Sc./B.Com-I, II,III
- 9) Date of event and Time: - 07/09/2022 10:00 AM
- 10) Place of the Programme/ Name of the Place: - Ground

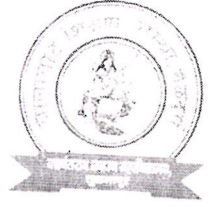

HEAD
Dept. of Physical Education
Yeshwantrao Chavan College
TULJAPUR


Co-Ordinator
IQAC
Yeshwantrao Chavan Mahavidyalaya,
Tuljapur, Dist. Osmanabad.


Principal
Yeshwantrao Chavan Mahavidyalaya,
Tuljapur, Dist. Osmanabad.



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Tuljapur, Dist. Osmanabad-413601, Maharashtra, INDIA
yecollege@gmail.com



Date: 06/09/2022

❖Notice❖

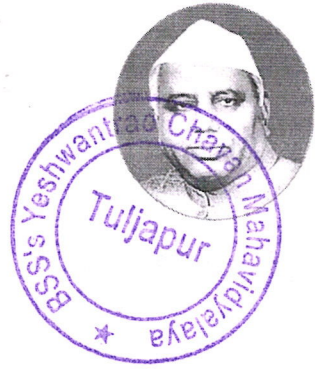
All The Student are the informed that, the **Workshop on Yoga and Meditation** will be Conducted by the Sport department on 07/09/2022 all students should come to the Ground at 10:00 AM Sharp.

♦Venue: Ground

Rashmi
HEAD
Dept. of Physical Education
Yeshwantrao Chavan College
TULJAPUR

Rashmi
Principal
Yeshwantrao Chavan Mahavidyalaya,
Tuljapur, Dist. Osmanabad.

Sr. No.	Class	Name of Teacher	Sign
01	B.A.	I Kadam S.S.	<i>[Signature]</i>
		II Kondkar S.S.	<i>[Signature]</i>
		III Dr Lokhande S.S.	<i>[Signature]</i>
02	B.Com.	I Dr. V.S. Choudhari	<i>[Signature]</i>
		II Dr. B.N. Wajrmare	<i>[Signature]</i>
		III Biryadar N.M.	<i>[Signature]</i>
03	B.Sc.	I Dr. J.M. Rajkonda	<i>[Signature]</i>
		II Dr. S.L. Balkare	<i>[Signature]</i>
		III Bopalkar R.S.	<i>[Signature]</i>



||Tamsa Ma Jyotirgmay||
BalaghatShikshanSanstha, Naldurg's

YESHWANTRAO CHAVAN MAHAVIDYALAYA

Tuljapur, Dist. Osmanabad-413601, Maharashtra, INDIA

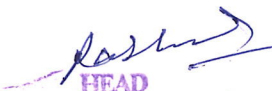
yccollege@gmail.com



Date:- 07/09/2022

❖ **Report and Attendance of Programme Conducted** ❖

- 1) **Name of Activity:-** Workshop On Yoga And Meditation
- 2) **Date of activity and Time:-** 07/09/2022 10:00 AM
- 3) **Name of Chief Guest:-** Mr. Amar Bhargande
- 4) **Name of Chairperson:-** Dr. A.R. Shitre Principal, Y.C. Mahavidyalaya, Tuljapur
- 5) **Name and Signature of Concerned Programme Head:-** Dr. V.R. Rathod
- 6) **Total attendance:-** 40
- 7) **Report:-** Sport, Y. C. Mahavidyalaya Tuljapur organized Workshop On Yoga And Meditation. The Chairperson of this programme was Principal Dr. A.R. Shitre Principal and Resource Person was Mr. Amar Bhargande. The introductory remarks were given by Dr. V.R. Rathod where he welcomed our Principal Dr. A.R. Shitre Vice Principal Dr. N. B. Jadhav and resource person Mr. Amar Bhargande and explained about the benefits and need of Yoga And Meditation for students. Resource Person Mr. Amar Bhargande delivered a lecture And Exercises on topic entitled Yoga And Meditation in detail with taking variety of examples. Exercises The responses to his Yoga And Meditation as well as feedback from student were very positive. The lecture was very knowledgeable and beneficial to undergraduate students. The guest lecture ended with a vote of thanks by Prof. Dr. A.N. Birajdar where he thanked Principal Dr. A.R. Shitre Vice Principal Dr. N. B. Jadhav and resource person Mr. Amar Bhargande for encouraging students and all the non-teaching staff who put in a lot of effort to make the event a success. The guest lecture was followed by Satvik high Milk.


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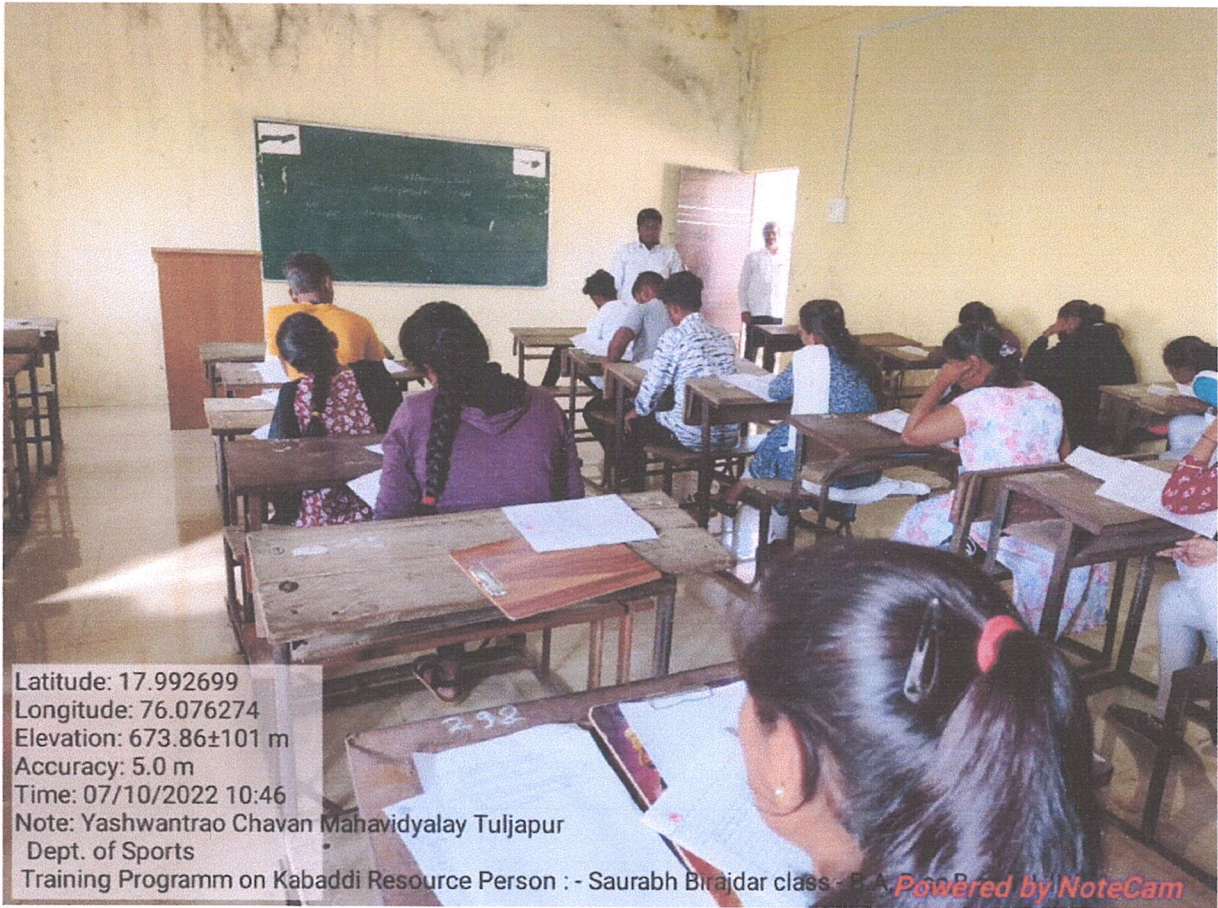
Tuljapur, Dist. Osmanabad-413601, Maharashtra, INDIA

yccollege@gmail.com



Name of activity — ^{workshop on} "Yoga and meditation."

Sr. No.	Name of Participant	Class	Signature
1	Labade Rutuja R	B. SC. III	R. Labade
2	Devkar Nilam N.	B. SC. II	nilam,
3	Shelke Supriya	B. SC. III	Speit
4	Rajmane Sonali S.	B. SC. II	Sonali
5	fiske Rutuja Sanjay	B. SC. IV	Rutuja
6	Thombare Santoshi Amar	B. SC. II	Santoshi
7	Chavan Preema G.	B. SC. III	Chavan
8	Gavhane Shubangi	B. SC. II	shubangi
9	Padhav Rahul Somnat	B. SC. III	Rahul
10	Pawar Ajay Shankar	B. SC. III	Ajay
11	Kamble Mahesh Ramesh	B. SC. II	Mahesh
12	Shitole Sakshi Vijay	B. Com. III	Sakshi
13	Devaki Dattatray S.	B. Com. II	Sande
14	Bankar Vaishnavi	B. SC. I	Bankar
15	Vishal prabhakar Patil	B. Com. II	Patil
16	Kadam Sanjana D.	B. SC. I	Kadam
17	Murme Nikita Maleti	B. A. II	Nikita
18	Koli Shakti Kumar	B. Com. II	Koli
19	Guikwad Aishwarya G.	B. Com. II	Kasture
20	Kasture Priyanka Datta	B. SC. II	Priyanka
21	Gavhane Shubangi	B. SC. II	Gavhane
22	Lohar Shivani Dnyandev	B. SC. II	Lohar
23	Kshirsagar Nilam Ranqnat	B. SC. II	nilam
24	Umbhare Samudhdi	B. Com. II	Umbhare
25	Vhatkar Supriya C.	B. Com. I	Vhatkar
26	Sagat Nisha B.	B. Com. I.	Nisha
27	Tambe M. U.	B. Com. II	mayur
28	Kale Rahul Rajkumar	B. A. II	R. Kale



Latitude: 17.992699
Longitude: 76.076274
Elevation: 673.86±101 m
Accuracy: 5.0 m
Time: 07/10/2022 10:46
Note: Yashwantrao Chavan Mahavidyalay Tuljapur
Dept. of Sports
Training Program on Kabaddi Resource Person : - Saurabh Birajdar class - B.A.

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Latitude: 17.992782
Longitude: 76.076185
Elevation: 673.86±100 m
Accuracy: 3.9 m
Time: 07/10/2022 10:45
Note: Yashwantrao Chavan Mahavidyalay Tuljapur
Dept. of Sports
Training Program on Kabaddi Resource Person : - Saurabh Birajdar class - B.A.

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Workshop on Yoga and Meditation Resource Person shri.Sourabh Birajdar